

(Please note: Contact the IOA Vice President: vicepresident@ostomyinternational.org before reprinting any article from this newsletter.)



From the President, Di Bracken

Hello to you all:

What a difficult time it has been for so many people around the world since our last edition of IOA. Natural disasters have created havoc and we have watched helplessly as hurricanes have battered coastal areas and earthquakes rendered powerful buildings to dust. The loss of life as a result of these disasters has been all too devastating and our relief agencies have been called upon to work tirelessly as they tried to provide aid. We in IOA have offered our assistance appalled at our lack of ability to be able to help. We all want to help our fellow ostomates but we find ourselves paralyzed by not knowing what to do.

As your president I managed to reach the Red Cross following hurricane Katrina and had a very educational conversation with one of their representatives as to how IOA could be of help. The answer is, as it was with the tsunami, donate to the relief fund.

"We don't want to discourage people who want to help, but, making a financial gift to support the relief operations really is the best way for people to help after a disaster like this."

Monetary financial contributions enable the Red Cross to support the greatest needs in the most efficient manner. Cash can be used to purchase items in adjacent, staging areas and eliminate the added costs involved in transporting goods. "

I sent details in regard to the work of the International Ostomy Association so that if there is a need to help ostomates, they know that there is an organization prepared to help. If ostomy supplies are needed, this can be arranged if the Red Cross lets IOA know where to send the shipment.

What these disasters have taught me is that contact has to be made with local associations if a disaster strikes and this can be done by the Regional Presidents. Any groups on the outskirts of any disaster can be on watch and encouraged to let the Regional President know if help is needed for fellow ostomates but this is not always that easy in developing countries. FOW USA was very active in working with IOA in

helping ostomates affected by Hurricane Katrina in the USA. Our problem was in locating ostomates who needed help. We have had little contact with Pakistan following the earthquake there but we remain on watch in case we are asked to provide help for ostomates. We have Arne Holte our Relief Coordinator who oversees the whole picture for IOA and is always ready to act. He can be contacted at:

regioneuropean@ostomyinternational.com

In August of this year I had the bittersweet experience of attending the final annual conference of UOA Inc. UOA played a most significant role in the development of IOA and I think it appropriate that I share with you the tribute that I made on behalf of IOA.

TO UOA INC – A TRIBUTE

On behalf of the Executive Committee of IOA, I would like to pay homage to UOA Inc. for the significant role it has played in the development of IOA.

In 1966 Archie Vinitzky, as chairman of the UOA International Relations Committee, sent 10 letters around the world to inquire about founding an international mutual aid organization for ostomates.

From 1966 to 1970, at the annual UOA conference, representatives of ostomy associations from other countries held informal meetings to share common experiences.

The IOA organizational beginnings can be traced to *August 28, 1970*, when the World Work Committee came into existence at the annual UOA Conference site in Boston.

Representatives of COPA of Denmark, ILCO of Sweden and UOA of Canada and the United States met in **Dr. Albert J. Lyons'** suite during the Boston Conference.

At that meeting, **Archie Vinitzky** (UOA) was elected chairman; Christian Soop, secretary; **Dr. Albert J. Lyons**, Medical Advisor (UOA); and the name for this committee was World Work Committee.

From 1970 to 1974 the World Work Committee continued to meet annually at the UOA Conference. In

May **16-19, 1974**, a preliminary constitution and bylaws meeting was held in Malmo, Sweden.

1975, Weesp, The Netherlands Citizens Hall of Weesp, Town Hall, April 25-26, 1975, City of Weesp. The conference formally ratified the articles of confederation, and the constitution and bylaws were adopted and signed by representatives of 11 associations representing 10 countries. The conference changed the name from World Work Committee to **International Ostomy Association**.

President: Archie Vinitzky (USA)
General: Secretary Christian Soop (Sweden)
Treasurer: Lars Grimelund Kjelson (Norway)
Recording Secretary: Carol Ann Wilson (USA)
Board Members
Gerhard Englert: (Germany)
Herman Meijer (Netherlands)
Alan Meyer (England)

As you can see, UOA played a significant role in the establishment of IOA and through the years many others from UOA Inc have given their expertise to IOA and been active in our association. I would like to mention:

Katherine Jeter, IOA Board Member and Recording Secretary
Ed Ward, General Secretary
Chuck Beadle General Secretary
Nadine Presley, Board Member, first editor of the OI magazine from 1981 - 1991, **Marshall Glen**, Board Member
Ken Aukett, Vice President, President
Marilyn Mau, Secretary,
Linda Aukett, Board Member, Retired editor OI magazine
Ann Favreau, Secretary

The Bible of our organization, the **IOA Handbook** was completed in 1995 with **Kenneth Aukett** as its editor. Ken has done all revisions since this date in 1998, 2003 and is currently working on a new update – a significant contribution.

Did you know that Ken was also the organizer of the **first World Ostomy Day in 1993**? He chaired the first IOA 20/40 Focus Meeting in 1999 in Copenhagen, Denmark and was, the first Website Coordinator of the IOA Website.

George Salamy was the World Ostomy Day coordinator in 1996

From 1987 – 1997 **Abe Lastnik** was the IOA Liaison to the International Organization for Standardization; ten years of devotion.

Stuart Schaefer, our Webmaster/Consultant – a member of UOA Inc. Significant contributions over eight years.

Stuart Schaefer, Editor of the on line newsletter IOA TODAY

Two World Congresses have been held in the USA; 3rd **World Congress in Washington**, DC with Ed Ward as the Organizing Committee Chair was held in 1980; **5th World Congress was held in Anaheim California** with Chuck Beadle as Organizing Chair – this was held back to back with a UOA annual national conference in 1995.

IOA Archie Vinitzky Award. Since its inception in 1982, IOA highest award has been presented to **four** members of UOA:

Dr. Albert Lyons in 1983
Ed Ward in 1986
Abe Lastnik 1991
Kenneth Aukett in 2004

Did you know that the former Executive Director of UOA, **Darlene Smith** was the facilitator for many of the early Strategic Planning meetings? Did you also know that for many years, our IOA USA bank account was held under the umbrella of UOA Inc? Now the US\$ account is looked after by **Marilyn Mau**.

As you can see, this information reflects the true dedication of many individuals from UOA Inc as they have worked tirelessly for IOA. We acknowledge the significant contributions to IOA made by the caring volunteers of UOA Inc.

As President Dean Arnold, said in his message, “The End of an Era,” the organization has helped thousands of people in its forty - three years of education, information, support and advocacy.

It is the warm memories of good work done on behalf of ostomates that we must hold in our hearts as closure is concluded.

IOA salutes the successes of UOA and this is what we will remember.



I believe the last official duty of the UOA President Dean Arnold was a visit to the Annual Conference of UOAC. Dean carried his country's flag proudly into the Opening Ceremony of UOAC. The report from Pat Cimmeck, President of UOAC is included later in this newsletter.

Australian Council of Stoma Associations Inc Annual Conference held in Perth, Western Australia. (ACSA)



Some of the delegates at the Australian meeting.

On holiday to visit my brother in Australia, I was able to accept the invitation from the Australian Council of Stoma Associations Inc. to attend their annual national meeting. It was my privilege to officially open the meeting as well as deliver the keynote address on "Future Directions For IOA."

Australia stands alone in the world with the Stoma Appliance Scheme which the Associations manage on behalf of the government. This is a great programme for ostomates in Australia and I know that you will be interested to read of details of its operation in the annual report made by President Gerry Barry to the Assembly.

EXCERPTS FROM THE PRESIDENT'S ANNUAL REPORT

PRESENTED ON BEHALF OF THE EXECUTIVE TO THE ANNUAL GENERAL MEETING – 13 October 2005

The Performance of ACSA in Carrying Out Its Objects

On behalf of the Executive I am pleased to provide a Report on the principal activities undertaken by ACSA during the 18 months period to 30 June 2005 in carrying out its Objects, as set out in the Constitution. In broad terms these activities are to promote the general welfare of ostomates, to collaborate with the government on the operation of the Stoma Appliance Scheme, to provide means of communication of ostomy related information, to promote ostomy related research and to obtain and manage the funds necessary for these purposes.



Western Australia Ostomy association committee at their office.

In undertaking these activities in the above period the major focus of the Council and the Executive was the management of the Stoma Appliance Scheme. In this context the work of ACSA was to provide advice, support and guidance on the distribution to members of Associations of in excess of \$40M of ostomy appliances and related products. The success with which this Scheme is managed within ACSA is reflected in the fact that it is regarded both internationally and within Australia, as one of the most effective in the world. In the period the Scheme continued to operate at this high level of efficiency under the guidance of the Executive, Associations and the Stoma Appliance Officers.

The communication of ostomy related information was achieved through the meetings of the Council and the Executive (including the circulation of minutes), the

publication of Ostomy Australia, the development of our Internet site and the work of the Resource Centre Coordinator. During the period an ongoing research project funded by ACSA and member associations continued. The research project in question was to investigate the characteristics of the output of ileostomies in the immediate post operative period. This research was undertaken by Diana Hayes under the auspices of the Western Hospital in Melbourne.

The general welfare of ostomates was promoted by the above activities and by the guidance, advice and assistance given by the Executive and the Council to Member Associations.

The Significant Aspects of the Year's Activities

In addition to reporting on the formal issues, I would also like to comment on the issues that were the most important in terms of the work of ACSA during the year.

Ongoing Issues with regard to the Stoma Appliance Scheme

The Executive has continued to monitor the issues which arose out of the Review of the Stoma Appliance Scheme conducted by Carla Cranny which was the subject of a Report in 2002. Two recommendations from the Report have so far been implemented. One was to transfer responsibility for the Scheme to the Special Access and Coordination Section, Medical & Pharmaceutical Services Division within the Department of Health and Ageing. The other was to establish a Panel to review applications for inclusion of new products on the Scheme. Because the Panel has, following its implementation, also assumed a policy advisory role in respect of the operation of the Scheme generally the Executive decided that I should attend when significant policy issues were to be discussed. On this basis I was appointed an alternative delegate. Following the resignation of Bev Burns as delegate I was nominated as ACSA's permanent delegate in

conjunction with Peter McQueen. The continuing importance of this Panel in the policy work it undertakes fully justifies the presence of the President and Vice-President as our nominees.

The Department is continuing to consider the question of a patient co-payment and it is expected that it will undertake further consultation with ACSA later this year. The position of ACSA on this issue was put to the Department in August 2003 and this position remains unchanged. From the point of view of the Department there are two aspects of the question of co-payment which are important. The Department wants a more visible co-contribution by ostomates towards their own care. It is also of the view that the cost of this co-contribution should be the same throughout Australia. Under these circumstances there is a possibility that the Department will move to replace membership fees with uniform Scheme access fees which would come back to associations in the form of additional subsidies.

The Department is now in the process of finalizing new guidelines for the operation of the Scheme taking into account submissions by ACSA on behalf of all associations. The new guidelines will provide recognition of the current operating practices. They should meet the needs of associations in a practical sense. One significant change is that ACSA will be asked to assume overall responsibility for the day to day operation of the Scheme and, in this context, will be expected to undertake most of the administrative duties previously undertaken by the Department. In practical terms this will mean that operational issues requiring a decision will be referred to ACSA in the first instance.

In Conclusion

I consider the Executive has been successful in managing the affairs of Council in the 18 month period to 30 June 2005. In particular I believe we have been successful in monitoring and negotiating issues arising from the Review of the Stoma Appliance Scheme. We will remain vigilant and responsive in dealing with these issues. We continue to have grounds for optimism that the scheme will largely remain intact. Our primary focus remains on the importance of keeping the future management of the Scheme within the ostomy movement and our decisions will be made with this in mind.

Each year I address the two objectives I set for myself when I accepted the position of President in 1997 - to promote a unity of purpose amongst all member associations and to base my actions on the best interests of all ostomates in Australia. In reviewing the level of cooperation by Associations in 2005 I am very well satisfied with the outcome. I believe that unity again showed improvement in the period and I consider it to be at its highest level in the history of ACSA. I am also of the view that the national decisions in which I have been involved this year have been made in the best interests of all ostomates. I wish to again thank all associations for the support, friendship and co-operation they have given to me personally in working to attain these objectives during the period under review.

Gerald Barry

Membership

At the 5th Annual General Meeting and the 36th General Meeting, the secretary, Ed Webster reported, that there were 22 Member Associations in Australia with some 30,339 declared members.

VICTORIAN CHILDREN'S OSTOMY ASSOCIATION REPORT

The trend in children's stoma surgery continues to move towards catheterizable stomas for either bowel washout purposes or for easy and regular bladder emptying thus preventing kidney damage. This is reflected in appliance usage as many of our 180 plus members do not use a great many flanges or bags, but use irrigation sets, mini pouches, catheters and protective/cleansing wipes and creams.

Fall 2005

We have our smaller core group of permanent stomas, the transient group of temporary stomas and the group referred to earlier. The parent run support group NIDkids is a valuable resource for many families and they are kept extremely busy keeping up with demand. The group has moved to new premises in an outer suburb of Melbourne.

Sonia De Francesco and Jacqui Harrison assisted by staff in the Equipment Distribution Centre work hard to ensure members receive their supplies. Space is at a premium and it is sometimes challenging to find shelf space as more and more products are listed. The families and stoma therapy staff are very appreciative of the staff who ensure that the VCOA keeps running.

Reported Sonia De Francesco

THE AUSTRALIAN FUND

Excerpts from report presented at the Australian meeting by Jack Nicholls

Correspondence has been initiated with John Cardosa re assistance to ostomates in need in the Asian countries: - Malaysia, Thailand, Aceh, Sri Lanka, South India and the Maldives.

With the assistance of Di Bracken, IOA President, a channel of communication has been established with ostomates requiring help in the Chinese province of Guangzhou where there are 600 members in the care of Professor Desen Wan in the Cancer Centre there. They have 6 qualified stoma therapy nurses there serving some 60 – 100 new patients annually.

We are in contact with Arne Holte the IOA relief coordinator who requested assistance with a project to train nurses in Odessa, Ukraine. This request has been evaluated as worthy of financial assistance from the fund.

Note from Di Bracken : This project is on hold due to the death of Rafael Orchanski, the doctor who was to conduct the training and Efim Krasner who was head of the ostomy-organization in Odessa.

More recently word from a stoma therapy nurse at the Ballarat Hospital Victoria who is sponsoring a project towards setting up therapy nursing to the ostomates in the North Pacific area of Tonga. Ballarat is bringing a trainee nurse to Australia in November and I am sure that there are poor and needy ostomates who can benefit from services there.

President Gerry Barry will supply the coordinator with contact details for Julie McCaughan the current president of the AASTN. Julie is undertaking a placement in Indonesia and has agreed in discussion with the President to take responsibility for setting up a distribution network in Indonesia to assist people in that country who have difficulty in affording supplies.

Note from Di Bracken : The Australian Fund is not able to make any firm commitments for assistance without the approval of the Management Committee which consists of representatives of both the Australian Council of Stoma Associations Executive and the International Ostomy Association Executive.

Excerpts from South Pacific Ostomy Association report by Peter McQueen, SPOA secretary

The South Pacific Region is unique with only two countries, New Zealand and Australia the only members. Our countries have the only organized Ostomy Associations in the region and therein lies the problem in establishing links to organise assistance and support.

New Zealand have for a number of years been sending surplus appliances to Fiji, Tonga and the Solomon Islands through a support network established by personal communication.

Australia through the Ostomy Association of Melbourne have tried many avenues to set communication links with Papua, New Guinea but each promising lead has closed and back to square one again. The Royal Australian College of Surgeons provided contacts but the efforts to get someone in PNG to take ownership and responsibility of any assistance forthcoming has been to no avail. Efforts are now being focused on East Timor and preliminary research is promising.

One of the outcomes from the General meeting was the appointment of an Overseas Shipping Coordinator as it appears hopeful that ACSA will now be able to send surplus supplies to countries in need. Specifically two countries, Indonesia and the Philippines are under consideration.

Attending the annual conference was a most interesting experience for me. I have learned so much about the different approaches toward ostomates from visiting the few countries that I have been able to visit. The warmth and

Fall 2005

caring of the people is always prevalent as was the case in Australia. I was able to stay for the duration of the conference and able to meet with many of the delegates and learn about their lives in the different areas of Australia.

The venue for the Conference was Perth with the conference very well organised by the Western Australian Ostomy Association under the leadership of Robin Gill. I understand that the seven different areas of Australia take it in turn to organize the annual conference so each region gets its turn every seven years; organized in a definite rotation. What a great idea.



Display board in WA office

The Administrative Committee of IOA will be holding its meeting at the Regional meeting of the Asian Ostomy Association to be held in Bangkok in November. I will report on both meetings in the next edition of IOA TODAY.

As this is the last newsletter of the year 2005, may I take this opportunity of wishing you all the very best for the New Year. May it bring to each of you, peace and contentment.

I look forward to letting you know of our activities in the next edition of IOA TODAY.

Until then, please take good care of yourselves. Stay safe and in good health.

With affection.

Di

Page 6

NEWS FROM ALADO

As President of ALADO, we have the honour to inform you:

- 1) ALADO is finally an official entity - statutes and proceedings of meeting were registered officially. Once we return from our trip to Brasilia, we shall remit registered copies.
- 2) Benefits accomplished from registering ALADO;
 - a) Bank account in Uruguai: now, we can present the Bank with official documents and, as that date, ALADO will officially retain a Bank account;
 - b) We can request financial support from Ford oundation, Ashoka, OPAS and other Foundations considering ALADO's official documents;
 - c) We would like to emphasize the necessity for all IOA Regions how very important it is, nowadays, to regitster any type of ONG and thus have an "official voice" within other countries.

Total costs of US\$200.00 were paid by ALADO. Date of official registry: August 23, 2005. All member-countries of ALADO, as well as IOA shall received copies. Congratulations ALADO!

Sincerely, Candida

FROM THE 20/40 REPRESENTATIVE for ALADO

Damaris Morais

Our association (state association) was invited to participate in the National Congress of Proctology here in my city in October. We will have 3 days to show the doctors, who stop at our counter, how important the Ostomates' Associations are. Cândida Carvalheira has sent us some material and I have written the letter I am sending you attached. I wrote it in Portuguese and my mother translated it into English (her English is much better than mine); to handle to the guest speakers, and all doctors (about 1000) will receive it with their congress material. I hope they will take the time to read it because it is much more a request than a thank you letter.

Love,

Damaris Morais

THANK YOU DOC

Thank you Doc for learning how to perform this life-saving surgery: the ostomy;

Thank you Doc, when performing elective surgery, for taking some precious minutes of your time to study our body to decide on the best position for our stoma;

For understanding that a surgery called "total colectomy" would be far more frightening to us, and for seeking words that we can understand to describe your expertise;

For referring us to our respective Ostomates' associations because you understand that there we will be able to see our rehabilitation process with greater hope, even if this makes us more demanding and inquisitive patients;

For not fearing our questions and questionings, because you know that these will lead to greater professional excellence on your part;

For abstaining from prescribing certain pouch brands and for introducing us to all of them, because you know that each patient is unique, and only he/she is able to choose the pouch that best meets his/her needs;

For encouraging nurses and paramedics to acquire greater knowledge on the care and guidance to be given to ostomate patients;

Finally, thank you Doc, for being sensitive to our condition and for your respect.

Damaris Morais



Canada

Hello Friends

As I write this today, the snow is falling reminding us that another change of season is on the way.

We held our annual conference in Winnipeg, Manitoba this past August. It was a very successful event thanks to the efforts of the planning committee and the conference administrator.

Kevin McHugh was the guest speaker at the Hollister sponsored Bertha Susan Okun Lectureship. John O'Shaughnessy gave the address at the ConvaTec Renaissance Award Presentation to winner Judy Woods. Both gentlemen have been active volunteers for the UOAC Ostomy Youth Camp. John was a former camper and now does motivational speaking to encourage ostomates and non-ostomates to be best the best they can be. Kevin is still involved in Crohn's disease research and has undertaken a teaching position in the medical community in addition to his consulting business and was recently married.

A successful visitor training session, FOWC presentation, exhibitor's hall are other highlights of the this year's conference.

Next year our conference will be held in Moncton, New Brunswick, in Canada's Atlantic region. We extend an open invitation to you to join us for fun, information and recreation.

We also have new members on our board of directors. Two new members were elected in Winnipeg and two others were appointed to fill vacant positions. There is much enthusiasm to continue work with ongoing projects and new ideas for new projects.

Some of the big challenges we face will be expansion and retention of membership, public awareness, fundraising and working together with industry.

We will be holding a board of directors meeting at the end of October to discuss these and other challenges and projects.

Preparations are underway for World Ostomy Day. The chairs of this committee and event, Delilah Guy and Sheelah Zapf, have some new ideas to help mark this important day. I will provide further details in the next edition of IOA Today.

On behalf of UOAC, we wish you all good health and success with your endeavours.

Pat Cimmeck, President
UOAC

Fall 2005

Germany

The house of delegates of Deutsche ILCO took place on July 2nd. A lot of motions for changes in the constitution had to be decided – most of them consequently to the decision to develop the profile of Deutsche ILCO from only the national ostomy association to the national association of ostomates and of people with bowel cancer. All delegates accepted unanimously the motions referring to the new profile.

Another motion was to define an age limit for all board members, chapter leaders and delegates. This motion has been the consequence of experiences that too often elected responsible persons are no longer capable or no longer really interested in developing the work for ostomates when they exceed a certain age limit. Too often the attraction of those chapters had disagreed. In spite of these arguments the last house of delegates three years ago had refused such a motion. This time it was just the opposite: Only some delegates still had objections. So the motion was carried. Now all candidates for the national board and for the boards on state level may not be older than 75 years at the time of election, the candidates for the chapter-team may not be older than 80 years at the time of election.

Naturally the elections of the national board members have been another important item. The seven candidates have all been elected. The former chairman of Deutsche ILCO is also the new chairman: Prof. Dr. Gerhard Englert. He has been elected unanimously for the next three years – a sign of the confidence of the delegates and a sign of his reputation.

Maria Hass

From Malaysia

Kong Kin Chai, Hon. Secretary, Stoma Care Society of Malaysia has sent in this picture of the Executive of the Society. Kong Kin Chai, together with President Hj Zainuddin will be at the Asian Regional meeting in Bangkok later this month.



MEMBERS OF THE Association in Malaysia
 Lee Sze Yan (Council Member), Hj Zainuddin (President), Rashidah (Council Member), Chong Hon Fui (Treasurer), Kong Kin Chai (Secretary), Mariam (Council Member), Rozita (Nurse), Norseha (Nurse), Agnes Ng (Council Member). The Assistant Secretary was taking the picture and therefore not in the picture.

More activities then ever..

This year there has probably been more activities in NORILCO, Norway, than ever before. Eager volunteers both in the executive board and outside have had a lot of gatherings and courses.

In April all the 22 presidents from the local chapters were gathered to a meeting in Oslo. The vice presidents, the three employees and the young groups EC took part in the meeting where several important issues had to be decided. The most important was if NORILCO were to take over the employers responsibility for the employees. Up to then they had been employed by the Cancer Union in Norway. There were a lot of questions due to the fact that many feared for the future economically. Some also were afraid that the good relationship to the Cancer Union should be broken. However, a representative from the Union in her speech told everybody that both economically and in all other ways NORILCO had nothing to fear. The good relationship and the tight connections should be just like before, and the Union will pay the same amount to NORILCO every year as before. So then, when the three employees told the meeting that they wanted NORILCO to take over the responsibility, there was no doubt in almost every one, and the decision was that NORILCO shall take over the responsibility as soon as technically possible. The take-over took place July 1. and so far it seems that everyone is happy.

In June the visiting group headed by Rigmor Yttergård arranged a course for new visitors. This was the first time a national course like this took place on a national basis; earlier such courses have been arranged locally. Just before the course Rigmor Yttergård became seriously ill, but the other members in her group managed to fulfil the course very successfully, which proves good organization. Now Rigmor is well again, and she has already been responsible for a new

gathering. This time for urostomates only, the venue was Trondheim and close to 30 people with urostomy took part.

In summer our traditional summer camp for families took place in a hotel by the Oslo-fjord. The program was as it usually is, both of a social and professional character. Tours to museums and barbecue are just two things the 60 participants experienced during the one week long camp. Camp leaders were former president of NORILCO, Jorunn Movold and Eli Øvretvedt.



Camp Campers

Nearly at the same time the young group had their summer camp in the mountains of Telemark. Here the 38 participants, a

couple of them from England and Estonia, acted like the really Heroes of Telemark sliding down rivers and hiking in the mountains (at least some of them). They probably did not get in contact with heavy water – if not, of course the water in the whirlpool were of that kind! The young group headed by Frank Hernes, an officer in the Norwegian Air Force, is very active, and in September they arranged a weekend course for young visitors in Trondheim in Mid-Norway, and in October they had their traditional organization course.



Foreldre – barn

The children and family group has not been too lazy – not at all really. In September they had a gathering for families with children with ostomy, but this time they focused on brothers and sisters. The 65 participants experienced a whole lot of activities including canoe-paddling, skiing on three-persons skis, bread-baking on open fires, swimming and bathing in a great bathing resort. There also were a special gathering for brothers and sisters.

In August NORILCO hosted the Nordic meeting which took place in Fevik on the very south coast of Norway. A lot of issues were discussed, and there were also an interesting lecture by a surgeon. Frank Hernes told representatives from Finland, Iceland, The Faroe Islands, Denmark and Norway about the work in the young group. Arne Holtes lecture was on international issues including twinning and relief work within IOA. A boat-trip on a sailing ship from Arendal to Grimstad was a social highlight in a warm and sunny day.

NORILCO is still working hard to for that "NORILCOs visiting service shall be a mandatory part of the rehabilitation of people with an ostomy or internal pouch". President Arne Holte met Minister of Health, Ansgar Gabrielsen, in Oslo in August stressing just this. Judging from that meeting and also from all signals from the authorities our goal is within reaching distance in the near future.



Ansgar Gabrielson, Minister of health with Presient Arne Holte.

We are invited to cooperate with the health care service in accepting new appliances and also fade out some which nobody seem to use anymore. A group has been established in which also the WCET is represented. During the last months a new nationwide telephone system has been established. The idea is that wherever and whenever anyone wants to get in contact with NORILCO, they shall get such a contact

Arne Holte, president NORILCO

A sad message from Ukraine

In mid September there came a sad message from Ukraine. September 13. Efim Krasner died from cancer 64 years old. Efim Krasner was head of the ostomy-organization in Odessa, and also member of the

Coordination committee in EOA (European Ostomy Association).

Efim Krasner did a very good job amongst ostomates in Ukraine, and also in EOA his good work was highly appreciated. His main task was to edit the EOA-newsletter, a job he did very well, and in fact he finished the last issue just some days before he died.

For me, as president of EOA, it is not only a friend who has left us. The committee will miss his good work, his good ideas, his smile and also his proudness when we were together. As in Frankfurt last January when he told us how great it was to be together with us – and of course we told him how great it was to have him a valuable part of the team.

I will remember Efim's good smile, I will remember when we both addressed the congress in Porto, I in English, he translating into Russian. I will also remember the valuable help he gave me during the congress with translating; a job which I know was highly appreciated by the Russian-speaking delegates.

Amongst many ideas we had in the EOA-CC was to have ET-nurses coming from St.Petersburg in Russia to Odessa to teach nurses there. This was in fact to be accomplished this year, financially it was no problem due to grants from the Australian fund, but for the time being we do not see how to arrange that now as Efim is no longer among us. Hopefully there will be others in Odessa who can take over Efim's good work.

I know that many of who reads this, like me, will miss Efim in the time to come. Our thoughts go to his beloved family.

Arne Holte, president EOA

A sad message from St.Petersburg



His heart failed, that was the message I got from ASSKOL, the organization for ostomates in St.Petersburg just after the sudden death of Rafael Orchanski. Rafael Orcanski ran his own clinic for ostomates in St.Petersburg, this huge city in western Russia with approximately 5000 ostomates. He

had somewhat 3000 clients whom he supplied with appliances, he also was the one who constantly approached the authorities and managed to obtain funding for the great number of appliances needed for that many ostomates.

He also taught nurses in ostomy care, and recently he had started another clinic in the city. I knew Rafael for several years, he was a very dynamic person with thoughts and meanings about every aspect of ostomy care, and he always pointed out very strongly his ideas. He was the editor of a newspaper for ostomates, and he had published several booklets and brochures on ostomy care. He cooperated tightly with the ostomy organization in St.Petersburg, ASSKOL.

This year EOA together with the late Efim Krasner in Ukraine we had planned and got funding to send Rafael to Odessa to teach nurses there in ostomy care. We do hope to find one of the nurses educated by Rafael to go to Odessa to do the teaching.

Arne Holte, pres NORILCO and EOA

WORLD OSTOMY DAY 7th OCTOBER 2006

“ Living Life to the Full

Key Dates

1 October 2005 Countries commit to take part. Appoint a Country Co-ordinator

October – December 2005 Regions and Countries encourage participation. and make plans.

January 2006 First Report of planned events in IOA Today

February-July. Planning and exchange of information Details of entry in Coloplast Award

31 August Email chain completed

6 October Email chain begins in New Zealand

7th October World Ostomy Day

October –December 2006 Send in Country Reports to your Regional President.

Collate material to submit entry to your Region's WOD Coloplast Award

January 31st 2007 Entries close with WOD Co-ordinator Barry Maughan

March April Entries for Award Judged at IOA Executive Council Meeting

May – September 2007 Data show of WOD prepared by Coloplast

September 22-28 Award announced at Puerto Rico's World Congress Coloplast will present Data Show of WOD 2006

Criteria for the Coloplast Award WOD 2006

WOD Aims and Objectives

Degree to which the entry fulfils the aims and objectives of the WOD

Originality

Level of innovation and enterprise

Resourcefulness

Level of quality relative to the size/resources of the Association

Public Awareness

Degree of impact nationally, including press coverage

Internationalism

Suitability of the proposal/activity for other countries particularly emerging nations

Story Telling

Does the entry tell a good story, preferably about the WOD theme “**Living Life to the Full**”, creating optimism and “joie de vivre” with the audience

New Member

Ability to recruit new members

WOD Coordinators:

Gerry Barry

Barry.Maughan@nzei.org.nz

Kathleen Tang

hksa_es@stoma.org.hk

Alexander Machaca

alexander.machaca@iol-sa.com

Henning Granslev

h.granslev@mail.tele.dk

Living Life to the Full

Under this theme we will all celebrate the World Ostomy Day, 7 October 2006.

As we have done in the past, Coloplast is pleased to reward the most creative and enterprising activities.

There will be 3 regional contests:

- Europe
- The Americas
- Asia & South Pacific

each competing for a first prize of USD 2500, and a runner up of USD 1500.

The 6 winners will be announced at the 12th IOA in Puerto Rico in September 2007.

Contact Barry Maughan, WOD coordinator, for more information.



*The **Coloplast Merit Award's** fundamental aim is to encourage the spread of enterprising initiatives of national ostomy associations to member associations around the world. The award has been developed in cooperation with the International Ostomy Association Board and has been presented since 1991.*

