

**Editor:** Stuart Schaefer

[ioatodayeditor@ostomyinternational.org](mailto:ioatodayeditor@ostomyinternational.org)

**Associate Editor:** Di Bracken

[vicepresident@ostomyinternational.org](mailto:vicepresident@ostomyinternational.org)

**January 2003**

**Volume 2 Issue 1**

Regions reporting in this issue are the Association Latino Americana de Ostomizados (ALADO), ASIAN OSTOMY ASSOCIATION (AOA), EUROPEAN OSTOMY ASSOCIATION (EOA), NORTH AND CENTRAL AMERICA AND CARIBBEAN OSTOMY ASSOCIATION (NCACOA) and SOUTH PACIFIC OSTOMY ASSOCIATION (SPOA).

(Please note: Contact the IOA Vice President: [ioavicepresident@ostomyinternational.org](mailto:ioavicepresident@ostomyinternational.org) before reprinting any article from this newsletter.)



## IOA President's Report

Heinz Wolff

[ioapresident@ostomyinternational.org](mailto:ioapresident@ostomyinternational.org)

Dear Friends

This being the first issue of this year's News Letter, I would like to wish you All the very best for the coming year; may it be a healthy and prosperous year for all of us wherever we may be.

Since I have written my last Report to you I had the privilege of attending the AOA ( Asian Ostomy Association ) Meeting in Manila, Philippines, together with our Vice-president Di Bracken and our Treasurer John O'Neil. At this meeting, under the leadership of Elizabeth English, vice president of WCET, six E.T. nurses from Australia came over to lecture to a group of 60 Philippine nurses on stoma care. This meeting took place just after the terrible incident in Bali which unfortunately stopped some people from coming to the AOA Meeting.

The AOA Meeting was a great success and it was a pleasure to meet members from the Asian Region to discuss and hear their problems and we got a much better insight of what is going on in this region. The host country was most generous and well organized and I would like to take this opportunity to thank them again on behalf of the IOA Executive.

I would like to take this opportunity to remind you all that in this coming October we will be having our General Assembly in Bangkok, Thailand. We would like to see as many as possible of our members to join us at this meeting. It is also the first time that the 20/40 Group will be joining us at the General Assembly as was decided at our last General Assembly that this group should be with us in the future.

May I remind you that the General Assembly is not only for the delegates of the various countries but it is also a social event where we would like to see a very good attendance from around the world. Thailand is an interesting and adventurous country to visit and if you start planning now you will be able to get advantageous deals for attending.

I look forward to seeing many of you in Bangkok.

Heinz Wolf  
President IOA



## From the IOA Vice President

Di Bracken

[ioavicepresident@ostomyinternational.org](mailto:ioavicepresident@ostomyinternational.org)

Hello to you all:

Here we are with the first edition of the year 2003. Let us hope that all goes well with our world and that common sense will prevail enabling our world leaders to resolve differences through compromise.

This is the first time that we are presenting information from Brazil – see the information of SBO. You will also find a link to the fall edition of the Ostomy International magazine. I think that you will enjoy this current edition of IOA TODAY. Once again, we have news from around the world. Please remember if there are events on which you would like to report, please send them to my attention together with any photographs you have, in JPEG format please.

Here in Toronto, Canada this has been a very interesting start to the year. A record cold spell stalled over the whole of eastern Canada. Temperatures, with the wind chill factored in, registered –20 degrees Celcius so I was more than pleased to escape to the sunshine of Panama City to attend the Regional Meeting of the North, Central American and Caribbean Ostomy Association (NCACOA). This regional conference was hosted and organized by La Asociación Panamena de Ostomizados (APO) and held at the Hotel Riande Continental from 23 – 26<sup>th</sup> January, 2003.

Eighty people from five countries attended – Canada, Mexico, Panama, Puerto Rico and the USA. The Mistress of Ceremonies was



**11th IOA**  
**World Congress**



Maria del Rosario Jaramillo who works in the Public Relations Department of the National Institute of Oncology in Panama.

The conference was a great success combining important medical Ostomy information for Spanish speaking peoples together with ample opportunities for social interaction among all ostomates present. Language, as is the case in all our meetings I find, was not a problem – smiles, hugs, music soon broke down any barriers. Once again the major manufacturers provided great support with ConvaTec providing luncheon on Friday and Hollister on Saturday. It was great for the Spanish speaking people to have the opportunity to see Ostomy appliances from the three major companies in the Exhibit Hall. For many it was the first time to see what is available for ostomates – the drawback being that many cannot afford to purchase these appliances even if they are available.



One of the most important events held at the Regional Conference was the House of Delegates. The business of the region was conducted and a very important event occurred. The region had received application from Cuba to become a member in this region. Members in the region have been working for a number of years to bring to fruition an Ostomy association in Cuba. It was the dream of the late Maria Siegl, who first planted the seeds of an Ostomy association in Cuba that this would occur. You may remember that Heinz Wolff in his president's message in our third edition of IOA TODAY reported on his visit to Cuba . The application form was accepted by the NCACOA House of Delegates and approved and will now go to the World Council meeting held in Bangkok for ratification.

The work of the IOA continues.

### **World Ostomy Report**

Country presidents will remember completing last year World Ostomy Report III. Immediate Past President Brenda Flanagan, who is in charge of this report indicates that it is now finished and country presidents will have a copy in their hands soon. There is a great deal of work involved in this kind of project and I know that Brenda is delighted to have it completed.

### **IOA Chapter Handbook**

I was able to work with Ken Aukett on updating this important document which is well overdue. Ken had already inserted the changes made to the IOA Constitution in the Netherlands at the 10<sup>th</sup> World Congress but the whole Handbook needs a complete revision. This we were able to complete and now Ken has the task of making these changes and seeing the project through to completion. I know that many of our country presidents are eagerly awaiting this revision. I will keep you up to date on the progress.

### **11<sup>th</sup> World Congress**

The Thai Ostomy Foundation is working extremely hard to present to all of us a great Congress in Bangkok. A World Congress is a unique event with so many different countries participating. There is nothing quite like it and I would certainly encourage you to attend if you possibly can. Thailand is a unique country; quite fascinating and you will enjoy seeing the wonders of the region. The World Ostomy Day Award, as well as the Coloplast Millennium Award for 13 – 30 years of age will be presented at the Congress. The election of a new Executive Council will also take place. APETNA, the Asian component of the World Council of Enterostomal Therapists, will be holding its meeting in conjunction with IOA so there will be nurses from throughout Asian present. Elizabeth English, Vice President of WCET is the organizer in charge of this component.

### **Executive Council/Strategic Planning Meeting**

The last meeting of the Executive Council, prior to Bangkok, will take place in March. The programme for the World Congress will be finalized and the business of the association discussed. News from this meeting will be reported in the next edition of IOA TODAY which will be sent out electronically April 28<sup>th</sup>.

### **Ostomy International Magazine**

The fall edition of our magazine has been mailed and many of you country presidents may have already received copies. Included in this newsletter is a link whereby you can access the articles in the OI.

To my fellow ostomates around the world, I hope that you are able to obtain the Ostomy supplies that you need to continue to lead a productive life doing what you wish to do. If this is not the case we need to know so that IOA can begin to address the situation. Please contact me.

My wish for us all in this year of 2003 is that we stay safe and well.

*Di*

Di Bracken  
IOA Vice – President  
[ioavicepresident@ostomyinternational.org](mailto:ioavicepresident@ostomyinternational.org)



<http://www.ostomyinternational.org/associations.htm>

## Amendments to the Constitution

This message relates to a call for changes to the Constitution and any Motions a Member Association may wish to place before the House of Delegates at the World Congress to be held in Bangkok in October 2003. The Constitution may be amended by a two-thirds vote of the Delegates represented at a World Council Meeting.

The IOA Executive Council or any Full Member Association may propose an amendment to the Constitution. Amendments must be submitted in writing to the Secretary of IOA such as to arrive one hundred and fifty (150) days prior to the World Council Meeting due date **June 2<sup>nd</sup>, 2003.**

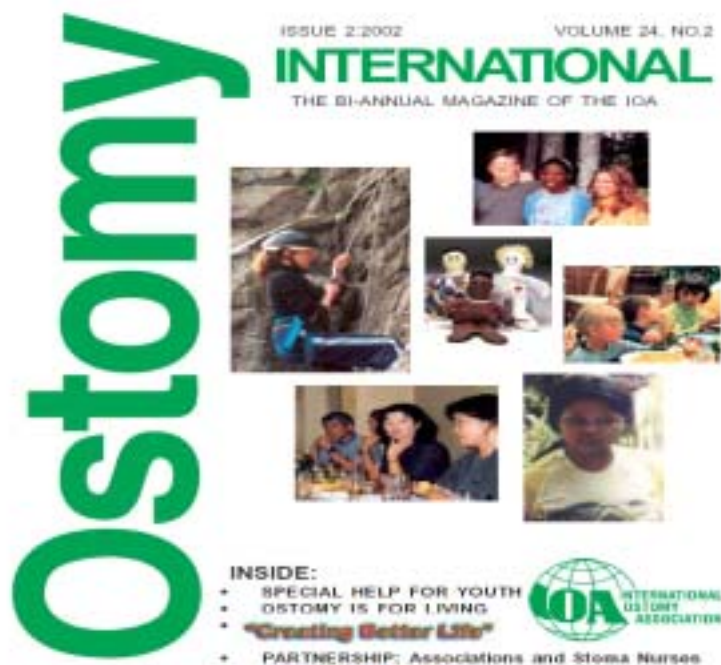
For further information regarding the Amendments to the Constitution, please see the IOA HANDBOOK Section Two ORGANIZATION 2.1.6 or contact the president at [ioapresident@ostomyinternational.org](mailto:ioapresident@ostomyinternational.org) or the secretary/ vice president at [ioavicepresident@ostomyinternational.org](mailto:ioavicepresident@ostomyinternational.org)

Amendments and Motions to be sent to

Di Bracken, Secretary  
102 Allingham Gardens  
Toronto  
ON M3H 1Y2  
Canada

Tel: 416. 633. 6783  
Fax: 416. 633. 6712  
E-mail [ioavicepresident@ostomyinternational.org](mailto:ioavicepresident@ostomyinternational.org)

Please note it is quite acceptable for amendments and motions to be sent by e-mail.



ISSUE 2:2002 VOLUME 24, NO. 2  
**Ostomy INTERNATIONAL**  
THE BI-ANNUAL MAGAZINE OF THE IOA

INSIDE:  
\* SPECIAL HELP FOR YOUTH  
\* OSTOMY IS FOR LIVING  
\* *Creating Better Life*  
\* PARTNERSHIP: Associations and Stoma Nurses

IOA INTERNATIONAL  
US UREY  
ASSOCIATION

[www.ostomyinternational.org/OIMAG/Fall02.pdf](http://www.ostomyinternational.org/OIMAG/Fall02.pdf)

For information on how to receive this magazine contact: Linda K. Aukett  
[editor@ostomyinternational.org](mailto:editor@ostomyinternational.org)

### Editor Notes

This being our 1st issue of 2003, I am happy to report we are now reaching nearly 1200 people across the world. You may view stats of the countries receiving this newsletter on page 20.

I am also happy to announce with this issue back copies are now being made available on the IOA Web [www.ostomyinternational.org/IOAToday/Back](http://www.ostomyinternational.org/IOAToday/Back).

Also a copy of the Fall 2002 OI Magazine is also available on the Web [www.ostomyinternational.org/OIMAG/Fall02.pdf](http://www.ostomyinternational.org/OIMAG/Fall02.pdf)



### Address by John O'Neill, IOA Treasurer -4<sup>th</sup> AOA Conference Manila – 24-27 October 2002

Having been associated with the AOA since its information in Hong Kong in 1993, I am privileged to take part in this Conference. Unfortunately, my wife Jan who attended the Hong Kong meeting cannot be here but sends her best wishes to you all. In life we all have what I might call a pet subject, it maybe a sport, the arts, travel or collecting certain items. My pet subject is communication. Before, I start, I wish to give you a very brief resume of my life. I was born in Wanganui, New Zealand and it has been my home town for most of it. After leaving school, I started work with a Stock and Station Company that supplied farmers' requirements and studied accountancy at night school. Upon qualifying as a Chartered Accountant, I spent a further six years with the same Company working in accountancy positions in various places in the North Island.

In 1956, I realised it was not what I wanted and returned to the family farm where, I still am to-day.

Early in the 1960's, I started to suffer with back pains which followed with the passing of blood.

I was diagnosed as having Ulcerative Colitis, admitted to Hospital and in 1966 became an Ileostomate.

One of my uncles had UC in the 1930's but he did not live long after surgery and another died in 1913 from what we expect was the same. Not only did the operation restore my life, but I also met a nurse who in 1970 became my wife. We have two daughters, Caroline is married and had her first child last month, a son and Teresa works on the farm.

From my earlier years as an ostomate, I have been able to take a full part in farm work. My only return to hospital was in 1975 when I had a prolapse of the stoma fixed. Three years ago as a result of a heart problem, I was fitted with a Pace Maker. This means that I do not go



through the Scanner at airports but they give me an individual examination either by a wand or by feel.. Two days ago in Singapore, when I was given an examination by feel, the officer found my Ostomy Pouch and asked what it was. On receiving my exclamation, I noted that he stood back.

When the Wanganui Ostomy Society was formed, I became its first President and a few years later President of the NZ Federation. Held that position for 13 years and am now Treasurer.

I have attended every IOA Congress since 1985 in Anaheim and in 1988 in Paris was elected a Director and then in 1991 in Rio became Treasurer which I still am to-day. My family have told me that this is to be my last term as Treasurer. Also I am the Treasurer of the SPOA.

In the early 1970's, I joined the IA Association in the UK and through them obtained a video tape called a A NORMAL LIFE. This was the theme of our 10<sup>th</sup> IOA Congress in 2000 in the Netherlands. The tape was shown to many of our Societies throughout NZ.

The first ostomate appearing on the tape was a girl who at the age of 19 had become an ileostomate. During the course of her interview she stated that the surgeon never spoke to her – he spoke to the Doctors and Nurses with him around her bed but never to her. He had done his job – he had saved her life. When she asked questions of the Sisters or Nurses, they would not give her an answer but would say ASK THE DOCTOR. This lack of communication has remained in my mind and so promoted the subject for to-day's address. I am going to confine my address now to ostomates but it could be said it applied to all people who suffer an illness.

The first signs, which are signs of communication from our body, are generally changes in our Bowel and Bladder habits. With most of us, we say that this is only temporary and it will come right. It may pass for a time and then come back on more than one occasion with pain in other regions of the body.

What should the person do – decide to see their Doctor and not say again – it will come right.

We go to see the Doctor and this is where verbal communication starts – it is very important that we tell the Doctor all and answer his questions TRUTHFULLY. We are dealing with the subject of our waste products and this can be difficult and possibly embarrassing to many. The Doctor needs to ask his questions in a manner which gives the patient confidence to answer fully. There will be further visits to the Doctor and then the Specialist, X Rays and Scans before a diagnosis can be made and a decision for surgery confirmed. Hopefully, at this stage the patient will have received the services of a stoma nurse.

Following surgery, the ostomate will have many questions as that girl in the tape had. The ostomate needs to ask them and he or she needs to obtain answers that can be understood from the Doctors, Nurses and others. The principal person will be the Stoma Nurse who will now help to guide him/her through this period when the altered life style can cause much apprehension and fears about the future

In 1966, I did not have a Stoma Nurse but one of the aids in the Hospital was an Ileostomate and seeing her going about her duties gave me confidence for my future.

There will be questions that a new ostomate would like to put to one who has been an ostomate for a number of years and has undergone training as an Ostomy Visitor. These are not medical questions but others which can be best answered by someone who has been through the mill for lack of a better term. The new ostomate should be encouraged to meet an Ostomy Visitor.

My subject is communication and it is only with all those involved making sure that they communicate will we see the new ostomate accept his/her changed lifestyle without too much trauma. It is very important that family members, especially the spouse are involved in this communication part of the ostomates rehabilitation, they also need to accept.

We now look at the other methods of communication in the ostomy world. Starting from the top we have the International Ostomy Association, which through its publications and the Website is communicating with many throughout the world. I will not say any more about the Website as we have received some very interesting and education addresses by Di Bracken and others, this is the growing medium of communication. If we have access to the Internet we should join the List Builder through the IOA Website and access IOA TO-DAY. The IOA's main publication is the Ostomy International published twice yearly. We also have our brochure which is now being translated into a number of languages.

Our National Associations have their own publications and brochures as do many of their branches.

In New Zealand the NZ OSTOMATE which is now in its 20<sup>th</sup> year of publication thrice yearly is available free to all N Z Ostomates Let all ostomates who are fortunate to be living in countries with Associations work together to assist those who are less fortunate. Thank you for listening to me this afternoon and I hope this address will help you realise the importance of communication in all its forms.

## CZECH ILCO IN THE YEAR 2002

A year ago a completely new committee of Czech ILCO was elected. From the founding of the Czech ostomate association, the city of Brno has been the seat of the organisation, the delegate assembly decided to keep this tradition and thus the chairman, Dr. Oldrich Capka, treasurer and secretary, who form the secretariat, were chosen from the Brno ostomate clubs. Only one member, Dr. Pavel Kreml from Ostrava, remained from the old Committee, the other members represent the major ostomate clubs in the country. It was also decided that the responsibility for different activities would be distributed evenly among the Committee members. This is in distinction to the former situation, when practically all agenda was carried out by the Brno secretariat. This change was quite demanding for all the new members, who had little experience with managing the national organisation. However, it can be said that the secretariat copes with all tasks well, even though some minor problems occur.



One of the main difficulties is the lack of communication of the secretariat with the Committee members as well as with local ostomate clubs. This often results in slowing down the realisation of the Committee members' tasks.

Two principal tasks lay before the new Committee: the preparation and organisation of a course for volunteer visitors and realisation of web pages on Internet. Dr. Kreml took care of both actions. The training visitors started in September with a discussion of interested ostomates with the proposed lecturers. An agreement was reached about the extent of the schooling and about lecturers, who will participate on whole action. In the initial stage a great help to us represented an offer of the Slovak Association, SLOVILCO. It invited three of our members to take part in their three-week seminar for visitors. Czech ILCO is very grateful for this support, which facilitated our realisation of the visitor training in the Czech Republic.

The second task, preparation of a web page, depended mainly on obtaining a grant for purchasing space on a server. We were successful and opened the Czech ILCO page in December 2002. You can visit it on the address <http://www.ilco.cz>, the basic information is given also in English.

In June four members of Czech ILCO participated in the 4<sup>th</sup> Meeting of Ostomate Associations from Central and Eastern Europe, which was organised by the Lithuanian Ostomate Association in Kaunas. A detailed report on this meeting appeared in IOA Today (Issue 3, 2002).

In 2002 Czech ILCO organised two weekend and one 6-day rehabilitation courses. You could see pictures from the longer one in the Issue 3 of IOA Today. These courses are supported by grants from the Ministry of Health. Projects for courses in 2003 were submitted to the Ministry in September.

Czech ILCO participated in the celebrations of the 4<sup>th</sup> WOD 2002. Delegates from all local clubs met in Brno. We invited to this meeting the representatives of the Government and the Ministry of Health, insurance companies as well as the representatives of Brno. Even though all promised to come, only Ing. Hruby from Governmental Committee for Handicapped People appeared. His encouraging words sounded optimistic, but the lack of interest in the problems of ostomates from the official institutions illustrates the present situation in the Czech Republic. Also a very low attendance of physicians was alarming. We joined the e-mail chain with greetings to all ostomates in the world. Two weeks later our member, Dr. Karel Smid, took part in celebrations of WOD by POL-ILKO in Bialystok, to which our Polish friends invited ostomates from the neighbouring countries.



A great success of 2002 was the resumption of publication of a bi-yearly Czech ILCO Newsletter. The financing was ensured by our patron Dr. Skricka from the resources

of Petrivalsky Foundation and thus we could improve the graphical look of the magazine and enlarge its content.

Dr. Oldrich Capka, Chairman of Czech ILCO



## Bibliography



<http://www.ostomyinternational.org/bibliography.htm>



**MEET THE NEWLY ELECTED  
PRESIDENT OF THE  
ASIAN OSTOMY ASSOCIATION,  
DR. HARIKESH BUCH**

The newly elected President of the Asian Ostomy Association is Dr. Harikesh Buch from India. A colorectal surgeon for the last thirty

years, Dr Buch has the following qualifications: M.S. (India), F.R.C.S. (London), F.R.C.S. (Edin.). Dr Buch has been a colostomate for last 27 years and has extensive experience in irrigation technique for care of a colostomy.

Dr. Buch is very interested in Ostomy Care and Rehabilitation of Ostomates not only in India but in Asia and across the World. Personally, he would like to give suggestions and help to manufacturers of Ostomy Care Products specially for the development of skin adhesives suitable for hot countries in Asia.

As AOA President for the period 2003 – 2005 his Mission Statement is:

- to solidify the existing member associations and help developing new associations in the countries where Ostomy Association do not exist.
- to train nurses and ostomy patients for ET Program so as to take the ET knowledge to the patient's home or within a reachable area for new ostomy patients.
- to promote more co-operation between Ostomy Associations and manufacturers of ostomy products for developing cheaper and reliable products suitable for Asian region.



**From John David Cardosa,  
Immediate Past President AOA, and past  
IOA EC member**

To All my many friends and ex-colleagues in IOA and AOA and in the trade

My dear Friends,

As you know, I finished my term as AOA president on the 24th of October at the House of Delegates' Meeting in Manila, but was persuaded to take on the even more onerous task of AOA Secretary for the next three years. So I shall still be working with some of my AOA colleagues. However, I will no longer be working directly with those of you in the IOA Executive Council, although I am sure that I will still continue to be indirectly involved with many of you. I want to say how much I enjoyed my almost six years in the IOA Exco,

first as representative of Haji Zainuddin Tahir the then president of AOA, who was ill and unable to attend IOA Exco meetings, then in my own right as AOA president. I found it a joy to work with all of you past and present IOA Exco members. Though we sometimes had small misunderstandings, these were always amicably resolved. I enjoyed the fellowship we had throughout the years, and also the different places in which we had our meetings. I will always fondly remember Calgary, Santo Domingo, Princeton, Penang, Noordwijkerhout, Frankfurt, Paris, and also Miami, Manila and Bangkok where some of us met for other than Exco work. It is with some sadness that I realise I will not be a part of the great IOA Team any more. All good things do come to an end some time, but good memories will always remain.

To my AOA CC Colleagues, especially Mr Ramakant Shah, our AOA Secretary, who worked so hard despite his illness, I offer my sincerest thanks for your efforts to make AOA what it is today. Your cooperation throughout my presidency made my task so much easier.

I also wish to thank all my ostomate friends in the various AOA country associations for your unflinching support throughout. I am sorry I could not agree to your many requests that I should serve another term as AOA president, but I felt that I needed to have a break and to spend more time with my wife and family. Thank you for allowing me to stand down. I now ask you to cooperate fully with my successor, Dr Harikesh Buch, so that his work as AOA president will be made easier for him.

I wish in particular to thank Professor Dr Carlo Pezcoller of Modena University for working so hard with me to spread the gospel of Stoma Care to many underdeveloped (in terms of stoma care services) countries of Asia. He has already helped us form new ostomy associations in Indonesia, Pakistan, Vietnam, Sri Lanka, Iran, Nepal and Bangladesh, and will continue with this work in Mongolia, Cambodia and Myanmar this year. Carlo has helped raise the funds to bring doctors from these countries to his University of Modena in Italy to give them the basic grounding to enable them to form ostomy associations in their respective countries, and also to follow up with locally conducted stoma nursing courses in some of these countries. We are most grateful to Professor Carlo Pezcoller for his contributions to the growth of stoma care in Asia. He has promised to continue to help Asia for as long as we need his help.

To the members of the ostomy appliance trade among whom I have made many many friends, too numerous to name individually, I wish to say a HUGE THANK YOU for your generosity and cooperation in our common task of making life easier for ostomates. I wish to thank in particular the following companies who have been helping us financially and in other ways: (in alphabetical order) BBraun, Coloplast, ConvaTec, Dansac, Hollister. I ask you all to please continue to support Ostomy and Ostomates in Asia in the future.

It is with a sad heart that I now say "Au Revoir" to you all, rather than "Goodbye", for I hope to meet many of you again in Bangkok in October this year at the next World Congress of IOA.

Once again, Thank you all and God bless you, my friends.

John Cardosa

## SBO Activity Plans for 2002

- 1) Oct.11-14 - SBO Meeting/RJ  
Participants: Ostomy Association Presidents  
Subject: Analysis ostomates' necessities in each State
- 2) Oct. 31 WOD Theme: "Yes, we can"
- 3) Nov.15-17- Young Ostomates Meeting Participants: Young ostomates 20/40 Subject: Selection and Capacitation of young ostomates to represent Brazil at III International Ostomy Association 20/40 Focus
- 4) Ostomates' Welfare Distribution of ostomy pouches to "needy ostomate population", who neither belong to an Association nor a Government Program
- 5) State Associations "Welfare Assisting State Association Members by means of information via Government entities-Federal, State, Municipal and Civil Society
- 6) Publication-SBO Informed A scientific magazine with articles and information for all ostomates. National distribution.
- 7) Publication booklet: The Female Ostomate
- 8) The Child Ostomate
- 9) Informative midia campaign -colorectal cancer



## SBO Activity Plans for 2003

- 1) Sept, 18-21 - IX Congress for Brasilian Ostomates Venue: Guarapari - State of Espirito Santo  
Theme: Creating a better life Objective to gather ostomates, their families, health professionals, students in order to attend and participate in lectures, workshops, exhibitions of ostomy equipment and "spreading the word" about a new lifestyle with an ostomy
- 2) Oct. 26-30-11th IOA World Congress Venue:Bangkok, Thailand  
Objective: To represent Brazil and attend lectures by world specialista as regards advances within ostomies: exhibition of new equipment: exchange and share experiences with other IOA Associate Members
- 3) Oct. 26-30-III International Ostomy Association 20/40 Focus Venue:Bangkok, Thailand  
Objective: to gather young ostomates from all over the world in order to discuss actions and strategies to face the new employment market, new surgery techniques and share experiences.
- 4) Publications:
  - 1) Female, Child and Young Ostomates
  - 2) 3rd. edition of book: "Can I still lead a normal life" Ainda posse levar uma vida normal)
  - 3) SBO Informative Magazine and Newsletter  
Objective: disseminate action and rules as regards new surgery
- 5) Campaign participation objective: to further informative prevention campaigns regarding cancer and Ostomy; to eliminate violence; healthy nourishment, etc.

Sociedade Brasileira dos Ostomizados  
Av- General Justo, 275 - Bloco B - Sala 318 - Castelo  
Rio de Janeiro - CEP: 20021-130 - RJ  
Telefax: (21-2220-0741/2262-2003)  
E-mail: sbo@olimpo.com.br

Family owned and operated for over 38 years.

**MEDICAL CARE PRODUCTS, INC.**  
Active UOA Chapter Member

**Call For Free Catalog  
800 741-0110**

We Accept  
Medicare Ins.  
Assignment

Low Prices -- Free Delivery -- Cash Discounts -- Same Day Shipping

EMAIL: [mcp@ostomymcp.com](mailto:mcp@ostomymcp.com)  
[www.ostomymcp.com](http://www.ostomymcp.com)



## To: Member Associations of IOA

Dear Friends,

### **COLOPLAST WORLD OSTOMY DAY MERIT AWARD COLOPLAST MILLENNIUM AWARD**

On behalf of the IOA Executive Council, I am pleased to send you details for entering your ostomy association for the above awards.

#### **Coloplast World Ostomy Day Merit Awards.**

The winner of this award will receive a prize of US\$4,000 and the runner-up a prize of US\$1,000. The majority of Member Associations organised activities around World Ostomy Day and we would like to hear about them. No matter how modest you think your activities were the judges will be very interested to hear about them. They do take into account the size and resources of each association when coming to a decision. Please refer to the enclosed details on how to enter for the award drawn up by Gerry Barry, the IOA Co-ordinator for the 4<sup>th</sup> World Ostomy Day.

**Entries must be sent to the IOA Contact Office to arrive by the 1<sup>st</sup> March 2003.**

#### **Coloplast Millennium Award**

The winner of this new award will receive a prize of US\$3,000. The needs of young ostomates are in many ways the same as those of older ostomates but there are areas of their lives for which they need specialised support. This award is concentrating on the needs of young people between the ages of 13 and 30. We also need to encourage young people to take an interest in the work of our ostomy associations. The future of IOA and all our country associations is dependent upon the young ostomates of today. We would like to know what your association is doing to support young ostomates. Please refer to the enclosed guidelines I have drawn up to assist you with your entry for this new award.

**Entries must be sent to me to arrive by the 31<sup>st</sup> May 2003.**

We look forward to receiving your entries for both these prestigious awards. The winners will be announced during the 11<sup>th</sup> IOA World Congress to be held in Bangkok in October 2003. Details of the Congress can now be seen on the IOA website [www.ostomyinternational.org](http://www.ostomyinternational.org).

With kind regards,

Brenda Flanagan  
**Immediate Past President**  
[pastpresident@ostomyinternational.org](mailto:pastpresident@ostomyinternational.org)

## COLOPLAST MILLENNIUM AWARD

Coloplast is pleased to announce this new Award in our long lasting commitment to the needs of ostomates around the world.

The Coloplast Millennium Award has the fundamental aim to encourage help and support for ostomates in the age range THIRTEEN – THIRTY.

One award of \$3,000 will be announced during the 20/40 Focus Meeting in Bangkok in October 2003.

The focus of the Millennium Award is the work carried out by IOA member associations for ostomates aged 13 – 30.

Entrants should describe the scope and enterprise of their activities for this age group. Ideally, the entry should be supported by photographs, magazine articles etc. and copies of literature produced for young ostomates.

The adjudicating committee will consist of Heinz Wolff; Di Bracken; John O'Neill; Brenda Flanagan; Tracy Crosser and a representative from Coloplast.

The conditions of the Coloplast Millennium Award are:

1. Only IOA member associations are eligible to participate.
2. Entries must be directly concerned with furthering the needs of ostomates aged 13-30.
3. The entries, preferably submitted in English but also accepted in other languages, should arrive with the Immediate Past President of IOA no later than 31<sup>st</sup> May 2003.
4. The decision of the adjudicating committee will be final.



41st National Conference  
United Ostomy Association, Inc.  
August 10-13, 2003 • Las Vegas

<http://www.uoa.org/>

- 2) 3rd. edition of book: "Can I still lead a normal life" Ainda posse levar uma vida normal)
- 3) SBO Informative Magazine and Newsletter  
Objective: disseminate action and rules as regards new surgery
- 5) Campaign participation objective: to further informative prevention campaigns regarding cancer and Ostomy; to eliminate violence; healthy nourishment, etc.

Sociedade Brasileira dos Ostomizados  
 Av- General Justo, 275 - Bloco B - Sala 318 - Castelo  
 Rio de Janeiro - CEP: 20021-130 - RJ  
 Telefax: (21-2220-0741/2262-2003)  
 E-mail: sbo@olimpo.com.br  
 Site: <http://www.ostomia.com.br>



### Celebration of the 15<sup>th</sup> anniversary of POL-ILKO and WOD 2002 in Poland

I was invited to take part at the festive meeting organised by POL-ILKO at the occasion of its 15<sup>th</sup> anniversary, which was joined with the celebration of World Ostomy Day 2002. The event took place in the city of Bialystok, located at the eastern border of Poland, in the weekend of 13 - 14 September. The festive meeting took only one day, the other day we made an excursion to the natural preserve in a primeval forest near Bialowieza, where the population of the European sort of bison (in Slavic languages it is called zubr) still lives.

All activities were excellently organised by the faction of POL-ILKO in the Podlaski region headed by Jadwiga Snarska, M.D.

The official meeting took place in an ornate ballroom of Branicki Palace, which is now used by the Bialystok Medical Academy. The meeting attended delegates from all regional factions of POL-ILKO, local celebrities, physicians, nurses



and delegations from the Czech Republic, Latvia, Lithuania and Slovakia. After the welcoming speeches of Alina Matysiak, the President of POL-ILKO and the host, Dr. Jadwiga Snarska the meeting was opened by Professor Zbigniew Puchalski, rector of the Medical Academy, who assumed the honorary sponsorship of the celebrations. POL-ILKO received a congratulation of the Polish President Aleksander Kwasniewski, who appreciated is role in establishing the quality medical care of ostomates in Poland. The

followed reports on the activities of POL-ILKO, the Podlaski region faction, addresses of city and region representatives, the delegations from foreign countries, and of Katarzyna Hammar, the director of ConvaTec, who sponsored the whole event.

Two lectures were particularly interesting. The director of the Medical Academy, Ing. Gozdzikiewicz, spoke about the history of the Branicki family and their palace in Bialystok and Jerzy Truchanowicz, an ostomate, projected a video from his expeditions to South American Andes. It was the best demonstration of the motto of WOD 2002 - for ostomates no limits exist.

In the afternoon all delegates were transported by buses to Bialowieza. On the way we made a stop in a small village of Puchly with typical wooden houses and a wooden orthodox church. Then we visited a modern orthodox church in the town Hajnowka, where a concert of sung church music was given for us.

The second day we made a trip to Bialowieza National Park. A narrow-gauge railway took us to its central part, where we could see the bison, but -to my disappointment - only behind a fence of a ZOO. Closer contact with the wild nature we had during a walk through the forest, where we saw old oaks, which were planted by Polish kings and Grand Dukes. The age of many of the trees was over 400 years. Each oak has his history recorded and bears the name of the man, who planted it.

After the lunch all participated in the WOD run. The distance, which had to be got over by competing couples, was short, but the runners had to fulfil different tasks. Everybody tried hard, but the winner could be only one. The lucky team was from Katowice.

Both evenings in Bialowieza presented the good Polish tradition: good meals and drinks, music and dance. Everybody certainly enjoyed himself. It was a good opportunity to make new friendships.

In these few days I only reassured myself that the Polish ostomates made in the past 15 years a good deal of useful work and built an organisation which is capable of taking care of ostomates and asserting their rights.



Bialystok\_1: The Branicki palace in Bialystok.



European bison

Vladimir Kleinwachter, President of EOA

[europaeregion@ostomyinternational.org](mailto:europaeregion@ostomyinternational.org)



## UOA Report to IOA Insider, 1-6-03

Under the leadership of second year Executive Director Nancy Italia, the UOA office has been aggressively updating its technology infrastructure to enable us to better provide a host of new electronic services. The two major component of this are the installation of a comprehensive new software-based association management system. This system, a product named NOAH, integrates all key aspects of data management including membership records, donor histories, event planning and eventually financial reporting and Web site transactions. The second part of this program is a complete update of our web page, [www.uoa.org](http://www.uoa.org). The new Web page went live on December 17 to rave reviews. We welcome all to visit the site at and see the differences. We're also pleased to announce that we received a grant from the Bristol Myers Squibb Foundation to cover much of these costs.

UOA is continuing to develop its network activities, especially for children and young adults. In January the Board of Directors approved a realignment of its networks creating:

1. Parents Network – Serving the needs parents of young children with ostomies or related diversions.
2. Teen Network – Serving the needs of 11 – 17 year olds.
3. Young Adult Network – Generally serving the needs of 18 year olds and over but typically up to 25 – 30 years old.
4. Thirty Plus (alternatively 30+) Network – Generally serving the needs of individuals over 30 years old.

To support these efforts, we received funding from our major manufacturers to help finance our first-ever Young Adult Conference scheduled for July 17 – 19, 2003 in St. Paul, Minnesota. We've also modified the format of our Annual Conference to present programming "tracks" that blend general and specific programming to better accommodate these special interest groups.

UOA has now translated most of its brochures into Spanish and is seeking grant funding to translate its seven Patient Care Guides. Although Spanish is the second most common language in America, we hope these brochures will have appeal to individuals beyond our borders.

Our best regards to all in IOA,

Ron Titlebaum, UOA President  
[president@uoa.org](mailto:president@uoa.org)  
[www.uoa.org](http://www.uoa.org)



## Greeting from the Great White North Canada. Jan 25 2003

For my Country Report I will briefly outline some of our accomplishments.

Since our inception in 1997 we have had an annual conference. Held usually in the month of August, our average attendance has been around the 125 to 150 mark. From year to year we hold our conferences alternating east and west. This year our conference is being held in Saskatoon Saskatchewan, August 14<sup>th</sup> to the 16<sup>th</sup>. The Theme is Bridges to Life.

Canada participates in the S.H.A.R.E. program of Friends of Ostomates World Wide. A history of FOW is published in our latest magazine, provided her today for those interested.

We have established a 20/40 chapter in Montreal. We have established similar groups throughout the country but not as chapters. Our goal is to eventually organize these groups as affiliated chapters of UOAC.

Dr. Kevin McHugh is the 20/40 representative for the NCACOA region.

Our Ostomy Youth Camp which has been in existence for over ten years continues to provide a setting for young people between the ages of 11 and 18 to meet and assert their independence. This camp is held during the first week of July in the beautiful rocky mountains in Bragg Creek Alberta. This camp would not exist if not for the dedicated volunteer nurses, and counselors who take one week of their summer vacations and devote their time free of charge! We have just completed a video which will air sometime in the spring on our national Television network. This video will be used to further promote and build awareness of our organization.

We have made some strides with the completion of educational material. Our Ostomy Youth Pamphlet is an example of a collaboration with a group of young people that was developed through a focus group between the ages of 12 and 18.

Our brochure of Colorectal cancer treatment and your colostomy was developed by one of our members in western Canada. With the determination and enthusiasm Muffy Trustcott's work is made available to others who may benefit from it.

Another aid that was developed was the spouse's and significant others support program. Often forgotten is the 'Other Person' who has to cope with the care and support of the person who has had surgery. It was felt that the time was right to have support for those people who are the caregivers and families to receive the attention that they require.

Our magazine continues to be a great resource to those people who have had ostomy surgery. This magazine I am quite proud to say, is put together on a volunteer basis by no less than 12 people save for one. Over the past six years we have gone from publishing a two

page newsletter to this quality magazine. It is published two times a year, in the spring and the fall. Being an officially bi lingual country We have made it a point to translate 25% of our magazine to French.

We also publish a monthly national newsletter called 'The Connection'. It published 8 to ten times a year and is sent to all the newsletter editors and presidents of each chapter. They in turn make copies and some include this publication in their monthly newsletter.

It has been great pleasure for me to come to my first meeting of the NCACOA. I would like to thank the Asociacion Panamena de Ostromizados for their warm hospitality. Thanks also to the organizing committee for their work and determination in completing a successful meeting!

I hope to see you in Bangkok in October!

Lorne Aronson  
President, United Ostomy Association of Canada

<http://www.ostomycanada.ca/>



## GREAT NEWS FOR NORILCO'S VISITORS

NORILCO, the Norwegian ostomy association has some more than 5000 members, most of them ostomates. As Norway is a loooong and tiny country with a scattered population it's necessary to have many visitors. For the time being abut 275 visitors are working all over he country where the populations are about 4,5 millions.

Each year two visitors from each of the 22 chapters are coming together for a week-end with lectures and talks including social events. For 2003 NORILCO have got nearly 70.000 US dollars to arrange a huge meeting for all the 275 visitors. Probably there will be an economical problem to pay for all of them, but maybe as much as 200 visitors will meet in October 2003. The program is not quite clear yet, but there will be lectures, speeches, group-works and a whole lot of come-together arrangements. Just in these days the committee are working hard on the programme – and also on the logistics when 200 ostomates are to come together for three days.

Arne Holte

## NOA MEET IN DENMARK

The beautiful Danish island of Bornholm located between Sweden and Poland hosted he annual Nordic meeting in august 2002. Unfortunately

Finland was n o t represented this time due to a traffic-accident of t h e i r representative. The other five countries (at this occasion I regard The Faroe Islands as an own



country hoping that the Danish queen Margrethe doesn't read IOA-today) were all there, and so were Lituania being represented by the Dr. Silvinas, a doctor with tight relations to Copa, the Danish ostomy association.

We learned about the different countries connections with the cancer unions in their own countries. NORILCO – the Norwegian ostomy association – are tightly connected to the cancer union and would not in any means could have its great activity level without this connection. Also Iceland has tight connection, while the other countries just have a much looser connection. Copa, Denmark, get most of their income from lotteries.

True Nordic co-operation could be seen with a common brochure on internal pouch. The manuscript is finished, so the only thing that could stop it, is a negative answer on ILCO, Sweden's, application for 35000 US dollars to the Swedish government. All the NOA-associations have their own home-pages on internet. COPA has a Q&A- page, and on Bornholm it was some discussions on the need of such a Nordic page. Hopefully all the Nordic countries will say yes to that.

Finland is working on a common ID-card which hopefully will be ready in a short time. From Dr. Silvinas we got an invitation or wish to hold the net Nordic meting in Vilnius, Lituania. The meeting applauded this, however somebody would like to wait a year or two as also the Faroe Islands could be a place to have he next meeting. The NOA-countries are to consider including the Baltic countries in NOA. Hopefully there will be an answer to the questions above at the NOA-committee meeting in Stockholm in January 2003.

It is no great secret that the NOA-countries do not approve on all the work in IOA. At the congress in Bangkok there will be more than one amendment

to the IOA-constituton. The meeting were concerned about the lack of information about "who can help – and who can give help". Not to wonder about as the situation for ostomates are rather bad in many countries.

As the snow now is covering most of the Nordic countries it's good to let memories fly back to August and nice warm days on the beaches at sunrise and sunset with water-temperatures up to 23 degrees Celsius which it far above what we are used way up north. From nine in the morning to five in the evening it was strenuous work for three days. And for all of you who never have visited Bornholm – you don't know what you have missed including good food and drink, beautiful beaches with sand so fine that it's being used in time-glasses. For my part I would like to go back – maybe I see you there!!!

Arne Holte

### Deutsche ILCO Updated Mission

The House of Delegates has approved on 15th June 2002 the following updated Mission of Deutsche ILCO.

*„The Deutsche ILCO is the association of ostomates and relatives of ostomates in Germany. Its work is determined by the principles of self-helping, voluntary co-operation and independence related to the contents and finances.*

*The Deutsche ILCO is committed to assist ostomates in Germany to live a self-determined and independent life with the ostomy in family, profession and society.*

*The Deutsche ILCO offers individual assistance to ostomates and relatives of ostomates by literal and written information, exchange of experiences and advice for the daily life with the ostomy as well as representation of interests in ostomy related matters.*

*The Deutsche ILCO for all ostomates endeavours to remove tabooing the ostomy. It advocates for high quality, quality guaranteed professional care and for free of charge provision of needed ostomy appliances. “*

### ILCO-Days 2003, 13th-15th June 2003, Aachen

The next triannual National Meeting of Deutsche ILCO, ILCO-Tage 2003 (ILCO-Days 2003) will take place in Aachen (see Rathaus.jpg: picture of the town hall).

#### Program

13th June	Get Together in the Evening
14th June	Informational Meeting Theme „In the Mood for Life“
	Festive Night with Dance
15th June	City Sightseeing

Guests from other countries are very welcome (no entrance fees!).  
More information from Deutsche ILCO (see: [www.ilco.de](http://www.ilco.de))



Membership



## Help IOA Bridge The Rehabilitation Gap



## Around The World Become A Patron Member Today

**As a Patron Member you will receive:**

- subscription to the twice yearly Ostomy International magazine
- a subscription to President's IOA News
- a special IOA membership pin
- a reduction of 25% in the World Congress registration fee, for those who have been Patron Members for the three consecutive years prior to the World Congress.

**Annual dues are CHF 100 (100 Swiss Francs)**

To join as a Patron Member, send a check, money order or bank transfer\*, together with your name, address, telephone, fax number and email address, to:

John O'Neill  
Kakatahi R D 15Wanganui 5021  
New Zealand  
Tel: 64-634-28-808 Fax: 64-634-28-044 email:  
[makuku@xtra.co.nz](mailto:makuku@xtra.co.nz)

**BANGKOK..... THAILAND**26<sup>TH</sup> - 30<sup>TH</sup> OCTOBER 2003**20/40 FOCUS****'GETTING CONNECTED'**

CREATING A BETTER LIFE

Thailand's culture, centred on Buddhism, has grown out of a fusion of art, history and tradition from previous eras. The best showcase of these traditions is the wat, a collection of buildings within an enclosure serving many purposes: Buddhist monastery, temple and community centre.

Bangkok, known as Krung Thep "city of angels" to the locals, is an exciting city and the home to over seven million people. Bangkok has a lively nightlife, markets, shops, restaurants and magnificent Wats, museums, palaces and parks.



House



Floating Markets

The Amari Watergate Hotel lies in the heart of the busy Pratunam Markets area.

[\* File contains invalid data | In-line.JPG \*]

Foyer of Amari Watergate Hotel

**The Tentative program is as follows;**

Sunday October 26<sup>th</sup> - Registrations

Monday October 27<sup>th</sup> - Medical Day & Official Opening Ceremony

Tuesday October 28<sup>th</sup> - TBA

Wednesday October 29<sup>th</sup> - TBA

Thursday October 30<sup>th</sup> - Closing Banquet.

I hope that all interested will start to plan their trip. It will be a great opportunity to connect with other young people and see the workings of the International Ostomy Association. The Medical day is optional but some may find it quite interesting. We will have a days outing as well as an interesting program to suit all ages from 20 to 40. We also will have a session with the ETs as well as Youth Group reports from around the world. Renew old friendships and **get connected** to more.

Copenhagen / Canada / **Bangkok** ..... Hoping & looking forward to seeing you there.  
Please contact me for further enquiries at [ahafner@bigpond.net.au](mailto:ahafner@bigpond.net.au)

Anne Hafner  
20/40 Chair 2003  
[20\\_40focus@ostomyinternational.org](mailto:20_40focus@ostomyinternational.org)



October 26-30, 2003

## Bangkok, Thailand

*ACTIVITY REPORT THAILAND OSTOMY FOUNDATION*

### ***PRESENTED AT 4<sup>TH</sup> AOA CONFERENCE MANILA 2002***

1. Thai Ostomy Foundation (TOF) bid at 10<sup>th</sup> IOA Congress 2000 in Amsterdam for 11<sup>th</sup> IOA Congress 2003 to be held in Bangkok.

Our bidding was accepted by vast majority of delegates. This IOA Conference is first in Asia. We had several meetings with current IOA President, Vice President, Treasurer, President of AOA and representative of Exhibitors. After long discussions and exchanges of a good deal of e-mails we have now been able to present our first announcement – one year before the 2003 Congress. As a matter of caution, we may add that because of fast changing conditions in different parts of the world, we may be compelled to make changes in our announcement.

2. We also arranged for ET nurses to participate in 13<sup>th</sup> WCET Congress in Singapore, Asian Stoma Society Rehabilitation in Osaka, Asian Pacific ET nurse meeting in Penang, WCET 14<sup>TH</sup> congress in Florence – Italy.

3. ET Classes at Siri Raja Hospital are conducted every year. A batch of 12 nurses from different provinces are trained and awarded ET diploma.

4. Every year seminars are held in seven Bangkok and provincial hospitals to train and educate nurses to look after Stoma patients.

5. TOF under the auspices of National Cancer Institute organizes two – day picnic trip to provinces for Ostomates and family members to get together to exchange views and experience. Lectures by prominent ET nurses are also arranged at these trips.

6. TOF also organizes at the National Cancer Institute every month meeting of new Ostomates and old Ostomates. These meetings are very helpful to new Ostomates to solve their new problems with appliances, foods and changed life – style.

# 11<sup>th</sup> IOA WORLD CONGRESS

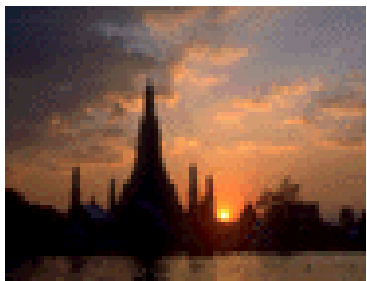
## 27 – 30 OCTOBER, 2003 BANGKOK THAILAND

### Theme, Creating Better Life

The Congress official language is English.

Venue : Amari watergate Hotel  
847 Petchburi Road,  
Bangkok 10411  
[Http://www.amari.com](http://www.amari.com)

Secretariat Congress Registration  
Saowanit Samakhaputra  
Thailand Ostomy Foundation  
268/1 Rama 6 Road, Phayathai,  
Rajthevi  
Bangkok 10400  
Tel : (662)02-2482156  
Fax : (662)02 -2478301  
E-mail:[ostomythai@hotmail.com](mailto:ostomythai@hotmail.com)  
<http://www.ostomythai.co.th>



On behalf of the International Ostomy Association and TOF we are pleased and honored to welcome you to Bangkok, Thailand's fabulous "City of Angels"

Thailand invites you, your family and companions to join the 11<sup>th</sup> IOA World Congress. The Congress will offer unique opportunity to learn about latest medical and surgical technics in treatment of bowel diseases by surgeons and traditional / conventional alternative medicine for better quality of life. Furthermore, exchange of views and discussions with delegates from all over the world, and special workshops on counselling has been designed into scientific and

social so that participants can take advantages of all that meeting has to offer. There will be wide display of latest stoma appliances and stoma care products by World – renowned manufacturers.

It is also a special occasion as for the first time the young people of the **20/40 Focus Group** will be with this Congress.

#### REGISTRATION

Includes gift, hamper, coffee breaks, lunches, Medical Day, and Evening Social Functions for Monday, Tuesday, Wednesday and Thursday.

#### TENTATIVE PROGRAM

Monday 27 October, 2003  
Medical day and Opening Ceremony.  
Tuesday 28 October, 2003  
IOA House of Delegates Meeting.  
Wednesday 29 October, 2003  
Half day Workshops and free afternoon.  
Thursday 30 October, 2003  
IOA House of Delegates Meeting and Closing Ceremony.

#### LOCATION

Thailand is in the heart of Southeast Asia. Roughly the size of France, with a population of 60 million, it is boarded by Myanmar to the west, Cambodia to the east, Laos to the northeast, and Malaysia to the south.

#### TIME

Time in Thailand is 7 hours ahead of Greenwich Mean Time (GMT+7)

#### CURRENCY

Exchange rates : Approximately 40 Baht = US\$ 1. For currecy exchange, there are banks and money changers available in most hotel.

#### TOURS

A tour company will be present to look after your pre and post – conference tours, and tours for your accompanying presons during the Congress. If you wish to contact them to plan additional tours you can reach them below address :

#### *Turismo Thai*

Turismo Thai Building  
511 Soi 6, Sri Ayuthaya Road,  
Bangkok 10400, Thailand  
Tel : (662)02-2451551 ext.223 5-6  
Fax : (662)02-2463993  
Fax Direct Line (662)02-2453203  
E-mail:[Waungkna@mail.turismothaith.com](mailto:Waungkna@mail.turismothaith.com)

We proudly present optional group tours which you can book directly with the tour Company.



**Damnoensaduak Floating Market and Rose Garden with Lunch.** 1,320  
To discover the way Bangkok used to be, travel to the floating market with its many colors and exotic fragrance. An exhilaration ride on a narrow long – tail boat through the canals passing by river side villages. Afterwards enjoy the colorful Thai Village Show, elephants at work, sword fighting and a traditional wedding ceremony and more.



**River Kwai with Lunch** 1,300

Visit the war Cemetery in Kanchanaburi, 130kms west, of Bangkok, is a famous for the “Bridge Over the River Kwai”. You will visit the wellkept cemeteries of which contain the graves of an estimated 9000 Allied Soldiers who lost their lives while construction the Bridge and notorious “Death Railway” that the Japanese had hoped to street all the way to the Burmese Border.

§ **3 Days Pre Congress Tour**  
Thursday 23 - Saturday 25 October, 2003.

§ **3 Days Post Congress Tour**  
Friday 30 October - Sunday 02 November, 2003.

§ **4 Days Pre Congress Tour**  
Wednesday 22 Saturday - 25 October, 2003.

§ **4 Days Post Congress Tour**  
Friday 31 October - Monday 03 November, 2003.



**3 Days Chiang Mai Tour**  
Half twin sharing 10,190 net/person  
Single Room 11,240 net/person

**3 Days Phuket**  
Half Twin sharing 10,820 net/person  
Single Room 13,260 net/person



**3 Days Samui**  
Half Twin sharing 11,850 net/person

Single Room 13,750 net/person

**3 Days Pattaya**  
Half Twin sharing 5,040 net/person  
Single Room 7,240 net/person

**3 Days World Heritage (Sukothai)**  
Half Twin sharing 12,350 net/person

Single Room 13,250 net/person

**3 Days River Kwai Village Tour**  
Half Twin sharing 7,680 net/person  
Single Room 9,500 net/person

**4 Days Norht Isan**  
Half Twin sharing 15,770 net/person

Single Room 18,570 net/person

For more information contact Turismo Thai and refer to special tours arranged for IOA Congress Participants.

We wish to acknowledge and thank our sponsors for social events B.Braun, Coloplast, Convatec, Dansac and Hollister. They jointly sponsored all dinners, entertainment and Congress satchels.

# CONGRESS REGISTRATION FORM

## FOR THE 11<sup>TH</sup> IOA WORLD CONGRESS

### AMARI WATERGATE HOTEL, BANGKOK

#### 26 - 30 OCTOBER, 2003

Congress Registration and Secretariat  
 Thailand Ostomy Foundation  
 268/1 Rama VI Road  
 Rajthevi, Bangkok 10400

Tel : (66-2) 248-2156  
 Fax : (66-2) 247-8301  
 e-mail : ostomythai@hotmail.com  
 www.ostomy.or.th

**Please complete and return this form together with payment in US Dollars only.**

Family Name : Mr./Ms./Mrs./Dr./ Title \_\_\_\_\_

First Name : \_\_\_\_\_ Middle Name \_\_\_\_\_

: 20/40 Focus-Are you attending,  yes  No Age \_\_\_\_\_ yrs. Must be between ages of 20 - 40.

Association : \_\_\_\_\_

Mailing Address : \_\_\_\_\_

City : \_\_\_\_\_ State/Province \_\_\_\_\_ ZIP/Postal Code: \_\_\_\_\_

Country : \_\_\_\_\_ Telephone \_\_\_\_\_

Telefax : \_\_\_\_\_ E-mail address \_\_\_\_\_

Accompanying Person: \_\_\_\_\_

**Please put an "X" in the block that applies to you**

- Association President       IOA EC       Delegate       Accompanying       MD       ET  
 RN       Ostomate       Non Ostomate       Other \_\_\_\_\_

**Payment in US Dollars only. Present exchange rate approximately Baht 40 for USD 1.00**

	Congress		Medical Day		Congress and Medical Day		No of Person (s)	Total Amount
	Before April 1 2003	After April 1 2003	Before	After	Before April 1 2003	After April 1 2003		
Participant (s) Includes gift, hamper, Medical day, coffee breaks, lunch and Evenings Social Functions all four days.	250	300	30	30	280	330		
Accompanying Person (s) Includes four Evening Social Functions only.	180	180	30	30	210	240		
<b>Registration Sub Total</b>								

Entry to lunches, banquets and all sponsored functions with dinners by coupons only. Please mark sponsored function which you wish to attend : (Free for full Registration - 4 Days)

- Reception Cocktail, Monday October 27, 2003      No. of Person ( s ) \_\_\_\_\_ x free  
 Dinner Cruise, Tuesday 28, 2003      No. of Person ( s ) \_\_\_\_\_ x free  
 Thai Dinner, Wednesday 29, 2003      No. of Person ( s ) \_\_\_\_\_ x free  
 Closing Banquet, Thursday 30, 2003      No. of Person ( s ) \_\_\_\_\_ x free

For non registered participant (s)

- £ Reception Cocktail \_\_\_\_\_ x USD 50 \_\_\_\_\_  
 £ Dinner Cruise \_\_\_\_\_ x USD 50 \_\_\_\_\_  
 £ Thai Dinner \_\_\_\_\_ x USD 50 \_\_\_\_\_  
 £ Closing Banquet \_\_\_\_\_ x USD 50 \_\_\_\_\_

**Sub total** \_\_\_\_\_ person (s) USD \_\_\_\_\_

# HOTEL REGISTRATION FORM

FOR THE 11<sup>TH</sup> IOA WORLD CONGRESS  
 AMARI WATERGATE HOTEL, BANGKOK  
 26 - 30 OCTOBER, 2003

Congress Secretariat  
 268/1 Rama VI Road  
 Rajthevi, Bangkok 10400

Tel : (66-2) 248-2156  
 Fax : (66-2) 247-8301  
 e-mail : ostomythai@hotmail.com  
 www.ostomy.or.th

**Please complete and mail with bank draft or money order to :**

Family Name : Mr./Ms./Mrs./Dr./ Title \_\_\_\_\_

First Name : \_\_\_\_\_

20/40 Focus Groups

Association : \_\_\_\_\_

Mailing Address : \_\_\_\_\_

City : \_\_\_\_\_ State/Province \_\_\_\_\_ ZIP/Postal Code \_\_\_\_\_

Country : \_\_\_\_\_ Telephone \_\_\_\_\_

Telefax : \_\_\_\_\_ E-mail address \_\_\_\_\_

I will share my room with \_\_\_\_\_

I will arrive (date) ..... time .....  AM.  PM. Flight No.....

I will depart (date) ..... time .....  AM.  PM. Flight No.....

**Check here if special accommodations are needed due to a disability. A staff person will contact you.**

## Hotel Accommodation

Please indicate the 1<sup>st</sup> choice and 2<sup>nd</sup> choice.

Rates quoted are on a per room per night. Confirmation may be made upon receipt of one-night deposit. All the prices are quoted in US dollars.

Hotel Category	Hotel	Your Choice	Single room Night (net price)	Double room Twins room Night (net price)	Tripple room Night (net price)	No of Room ( s )	Total Amount
4 stars	Amari Watergate Hotel		USD 70	USD 76	-		
3 stars	Grand Diamond Pratum Executive Resident		USD 50	USD 55	-		
2 stars	Indra Regent Hotel		USD 45	USD 45	USD 13		
<i>All rate are inclusive of breakfast.</i>			<b>Deposit payment Subtotal</b>				

Reservation request will not be processed unless accompanied by deposit payment. Reservations are processed on a first-come, first-served basis. A reservation confirmation will be sent to you.

**METHOD OF PAYMENT**

All payments are payable to "11<sup>th</sup> IOA WORLD CONGRESS" by airmail or fax or through www.ostomy.or.th

**Option 1**

**Credit card payment**

American Express

Card number

Visa

Expiry Date

Master card

Diners card

Signature

<b>REGISTRATION SUBTOTAL</b>	<b>USD</b>
<b>HOTEL ONE NIGHT DEPOSIT SUBTOTAL</b>	<b>USD</b>
<b>OTHERS</b>	<b>USD</b>
<b>TOTAL AMOUNT</b>	<b>USD</b>

**Option 2**

Bank draft or Money Order in US. Dollars made payable to "11<sup>th</sup> IOA World Congress" Savings Account No.026-4-08874-3 Siam Commercial PBC., Ramathibodi Branch and should be paid at the source in addition to registration fees. Bank charges are the responsibility of the payer.

**Cancellation Policy :**

Cancellation Airmail postmarked, fax or by e-mail on or before April 1, 2003. Cancellation fee USD 50

Cancellation Airmail postmarked, fax or by e-mail after April 1, 2003. 50% Refund

Cancellation Airmail postmarked, fax or by e-mail after August 1, 2003. No Refund

Please note that personal cheques cannot be accepted.

\_\_\_\_\_ Date

\_\_\_\_\_ Signature

Please note this does not include special mailings.

## 1192 subscribers

Country	Subscribers	%
1. Afghanistan	1	0.08%
2. Angola	1	0.08%
3. Argentina	3	0.25%
4. Australia	35	2.94%
5. Belgium	5	0.42%
6. Brazil	17	1.43%
7. Canada	109	9.14%
8. China	7	0.59%
9. Costa Rica	1	0.08%
10. Czech Republic	4	0.34%
11. Denmark	9	0.76%
12. Dominican Republic	1	0.08%
13. Ecuador	1	0.08%
14. Egypt	2	0.17%
15. Finland	2	0.17%
16. France	7	0.59%
17. France, Metropolitan	1	0.08%
18. Germany	13	1.09%
19. Ghana	1	0.08%
20. Greece	3	0.25%
21. Guatemala	1	0.08%
22. Hong Kong	2	0.17%
23. Hungary	1	0.08%
24. Iceland	2	0.17%
25. India	17	1.43%
26. Indonesia	1	0.08%
27. Iran (Islamic Republic of)	7	0.59%
28. Ireland	12	1.01%
29. Israel	5	0.42%
30. Italy	7	0.59%
31. Japan	15	1.26%
32. Korea, Republic of	1	0.08%
33. Latvia	1	0.08%
34. Lebanon	1	0.08%
35. Macedonia	1	0.08%
36. Malaysia	6	0.50%
37. Mexico	3	0.25%
38. Nepal	2	0.17%
39. Netherlands	11	0.92%
40. Netherlands Antilles	1	0.08%
41. New Zealand	15	1.26%
42. Nigeria	1	0.08%
43. Norway	11	0.92%
44. Pakistan	3	0.25%
45. Panama	1	0.08%
46. Philippines	6	0.50%
47. Poland	4	0.34%
48. Portugal	7	0.59%
49. Puerto Rico	4	0.34%
50. Romania	1	0.08%
51. Saudi Arabia	2	0.17%
52. Singapore	2	0.17%
53. South Africa	3	0.25%
54. Spain	5	0.42%
55. Sri Lanka	2	0.17%
56. Sudan	1	0.08%
57. Sweden	9	0.76%
58. Switzerland	1	0.08%
59. Taiwan	1	0.08%
60. Thailand	3	0.25%
61. Togo	1	0.08%
62. Turkey	6	0.50%
63. Ukraine	1	0.08%
64. United Kingdom	101	8.47%
65. United States Minor Outlying Islands	11	0.92%
66. United States of America	639	53.61%
67. Uruguay	3	0.25%
68. Venezuela	2	0.17%
69. Viet Nam	1	0.08%
70. Unanswered	25	2.10%

Total answers

1192

100



## “Up Coming IOA Events”

### **Travel Warnings & Consular Information Sheets:**

[http://travel.state.gov/travel\\_warnings.html](http://travel.state.gov/travel_warnings.html)

### **Can I take it with me when I travel Rev 11/21/02:**

[http://www.ostomyinternational.org/Travel/Permitted\\_Prohibited.pdf](http://www.ostomyinternational.org/Travel/Permitted_Prohibited.pdf)

You will need the **FREE Adobe Reader** which maybe downloaded here:

<http://www.adobe.com/products/acrobat/readstep2.html> to view.

**On-line Currency Converter:** <http://www.amari.com/tools/currency.asp>

### **IOA Executive Council and**

Strategic Planning Meeting

Contact: Heinz Wolff, IOA President

[ioapresident@ostomyinternational.org](mailto:ioapresident@ostomyinternational.org)

### **FACING THE CHALLENGE ASHBURTON**

New Zealand Ostomy Societies

8th – 10th August 2003

Canterbury Ostomy Society

Further information available from either

Jill Newton Ph/Fax (0064) 03 308 1419 or e mail [newtj@actrix.gen.nz](mailto:newtj@actrix.gen.nz)

Barbara Summerfield Ph (0064) 03 308 5471

### **11th IOA World Congress**

Bangkok, Thailand

October 26-30, 2003

The Amari Watergate Hotel <http://www.amari.com/watergate/index.htm>

More Information: <http://www.ostomyinternational.org/congress2003.htm>

**IOA's 11th Congress information:** <http://www.ostomyinternational.org/Congress2003/WORLDCONGRESS.pdf>

**Registration Form:** <http://www.ostomyinternational.org/Congress2003/HotelRegister.pdf>

You will need the **FREE Adobe Reader** which maybe downloaded here:

<http://www.adobe.com/products/acrobat/readstep2.html> to view the above information.

### **20/40 Focus**

October 26-30, 2003

<http://www.ostomyinternational.org/Focus.html>

**Registration Form:** <http://www.ostomyinternational.org/Congress2003/HotelRegister.pdf>

Anne Hafner [20/40focus@ostomyinternational.org](mailto:20/40focus@ostomyinternational.org)